ROGERS CITY AREA SCHOOLS

Wellness Committee

Date: May 22, 2023 at 3:00 pm

Location: Rogers City High School Meeting Room

Attendees: Vicki Paull

Jenna Vekaryasz

Jonathan Hoydic

Dana Labar

1. Compliance and Progress of the Wellness Triennial Assessment:
2. Nutrition Promotion and Education Goals:
3. Reach out to the Mid-Michigan Hospital’s Nutritionist for possible student presentations on healthy eating
4. School-based Activities to Promote Student Wellness Goals:
5. Check the post-COVID status of the Girls on the Run program and the DARE program
6. Review if varsity sports are continuing to present to the K-5th grade students
7. New Matters:
8. Research donors to purchase student water bottles annually for water fountain use.
9. Presentation of the legality of marijuana use by minors (Health Class?)
10. Presentation on handicap empathy
11. Create a K-5 meditation/yoga area during recess – Mr. Labar to lead